

# **NAADA**

## **Presents**

**Vocal Music Concert & Lecture**

***Healing Powers of Indian Music***

By

**Dr. M. Harre Harren**

Sri. R. Kailasam (violin), Dr. M.S. Laxmisha (mridangam)

**Sunday, October 23, 2005 , 2 PM**

The Hindu Temple,

25 East Taunton Avenue, Berlin, NJ

Program: 2:00 – 3:30pm – Lecture; 3:30 – 4:00pm Q & A; 4:00 – 6:00pm – Music Concert

**Suggested Donation: \$10/person, \$5/Student with ID**

**For information, please call Asha Janardhan (908) 322-8750, Aswathanarayana (609-268-7414)**

Experience the healing power of music based on the ancient tradition of nada yoga, or union through sound. Dr. M. Harre Harren of Pondicheery, India, is a college professor, performer, ethnomusicologist and sound therapist. He has lectured and performed throughout the United States and many other countries.

“We can harness sound to loosen up our stressed-out muscles, to alter our moods, to focus our attention and to ultimately abandon our ego-based perspectives into boundless ecstasy”, says Dr. Harre Harren, the author of more than 50 research papers and co-author of 20 books. Dr. Harre Harren uses traditional Indian music in the treatment of various illnesses. He is currently Principal of the Govt. Music College in Pondicherry and a member of the prestigious Lalit Kala Academy. In 1999, he was awarded the Rajiv Gandhi award for Academic Excellence presented by the International Society for Freedom and Friendship.

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### **Directions to the Hindu Temple, 25 East Taunton Avenue, Berlin, NJ**

**Directions to Hindu Temple, Berlin, NJ. From Tacony Bridge:** NJ route 73 South to Berlin Circle. Stay on 73 South to next traffic light. Turn right on E.Taunton Ave, temple will be on the right.

**From Ben Franklin Bridge:** Route 30 East to NJ Route 70 East to Marlton circle. Right on NJ Route 73S, go to Berlin circle. Stay on 73 South to next traffic light. Turn right on E. Taunton Ave, temple will be on the right.

**From Walt Whitman Bridge:** I-295 North. Exit 29-A for Route 30 East to Berlin Township. Turn left on Taunton Ave.

**From the Delaware Memorial Bridge:** I-295 North. Exit 29-A for Route 30 East to Berlin Township. Turn left on Taunton Avenue.

**From Central and North Jersey:** NJ Turnpike South. Take Exit 4 to Route 73 South. NJ route 73 South to Berlin Circle. Stay on 73 South to next traffic light. Turn right on E.Taunton Ave, temple will be on the right